



# Leopold Primary School Autumn Term Menu 2017

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Meat or Fish</b>	Hot dog with potato wedges	Cottage pie	Jollof rice served with peri peri chicken wings	Chicken korma served with rice and naan bread	Salmon fish finger served with mashed potato
<b>Vegetarian</b>	Cauliflower and broccoli bake and sweet potato wedges	Vegetable fry rice	Sweet potato and Quorn curry served with rice	Vegetable stew	Quorn stir-fry with noodles
<b>Vegetables</b>	Choice of seasonal vegetables served daily				
<b>Dessert of the Day</b>	Fruit cocktail	Chocolate fudge cake	Apple crumble and custard	Fruit jelly & ice cream	Tropical fresh fruit salad
<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Meat or Fish</b>	Beef burgers and baked beans	Tuna pasta bake	BBQ chicken served with rice	Chicken pie and baby potatoes	White fish goujons served with jacket wedges and baked beans
	Jacket potato with beans and cheese	Vegetable patties served with saute potatoes	Chickpea and vegetable curry with spicy tomato and coconut sauce served with rice	Vegetable lasagne served with garlic bread	Vegetable chow mein
<b>Vegetables</b>	Choice of seasonal vegetables served daily				
<b>Dessert of the Day</b>	Frozen fruit yoghurt	Summer fruit sponge with a buttercream topping	Fruit cocktail	Fruit pie and custard	Tropical fresh fruit salad
<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Meat or Fish</b>	Crispy chicken served with mash potato and gravy	Curry mutton served with basmati rice	Rice and peas served with jerk chicken	Wholemeal spaghetti and lamb bolognese	Battered fish served with chipped potatoes
	Quorn mince cottage pie	Macaroni cheese	Spinach and Quorn curry served with rice	Roast vegetable quiche	Wholemeal cheese and tomato pizza
<b>Vegetables</b>	Choice of seasonal vegetables served daily				
<b>Dessert of the Day</b>	Peaches and cream	Carrot cake with a mascarpone topping	Arctic roll	Chocolate milk and cookies	Tropical fresh fruit salad
<b>Gravy served when appropriate</b>					
<b>Daily options: freshly prepared salads, fresh bread and chilled water</b>					
<b>Daily alternative dessert options are: selection of seasonal fruits and fruit yoghurts</b>					