

PE Rationale

Vision

At Leopold Primary School, it is our intention to expose and educate all pupils to the highest standard of Physical Education that can be provided. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Pupils at Leopold will have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation. Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

Intent

We strive for ambitious, literate pupils who can problem solve; articulate themselves confidently and show resilience.

Implementation

We use SG sports to implement our PE lessons and to provide a safe and challenging experience for all students. Through the experience of SG coaches they are able to deliver high quality lessons and provide pupils the opportunity to grow and develop.