



Dear parents/carers

As from September 2020 “**Relationships and Health Education**” has become a new compulsory part of the school curriculum. This comprises two distinct areas:

- **Relationships Education**
- **Physical Health and Mental Wellbeing**

Schools have a lot of freedom to decide how to teach the new curriculum but must teach in a way that is:

- Appropriate for your child’s age and development stage.
- Sensitive to the needs and religious backgrounds of the children in your child’s school.

As previously stated, two of the main aims of the RSE curriculum are:

- **To enable young people to understand and respect their bodies, and be able to cope with the changes that puberty brings, without fear or confusion.**
- **To empower them to be safe and safeguarded**

It is important for all children to be taught the content on such essential matters like keeping safe, puberty changes and how to cope with these changes.

As we would like to ensure that high-quality and accurate content is delivered to our pupils, we have requested the visit of two specialist community public health nurses from Central London Community Healthcare NHS Trust.

The nurses’ visit has been confirmed for 14th of June 2022 for our both school sites.

Prior to the specialists’ visit, we would like to invite you for a quick debrief on what is going to be taught on the day.

These meetings will take place as follows:

At Hawkshead site: Tuesday 14TH June of June at 8:30 am

At Gwenneth Rickus site: Tuesday 14TH June of June at 9:30 am

We look forward to seeing you then.

Yours sincerely,

Mirela Vatra
RSE coordinator