



**Friday 23rd April 2021**

Dear Parents and Carers,

A very warm welcome back to school to you all this week. I hope that you enjoyed the Easter break and that you were able to take the opportunity to meet with friends and family in open spaces and gardens.

In order to manage the risks, we will continue to implement the range of protective measures that we already have in place at the school and that we have been using throughout the Spring term. These include working in year group bubbles; staggered times for the start and end of the school day; separate dining halls for staggered lunches; and of course, good hygiene practice. All protective measures that have been taken can be found in the Covid19 risk assessment on the school website, including bubble closures in the event of a positive case.

Unfortunately, there will be no onsite breakfast clubs or after school clubs until further notice due to the restrictions with bubbles. We will write again this week with further information about the school reopening. In the meantime, please refer to the following link for the latest Covid19 updates: <https://www.gov.uk/coronavirus>

We are delighted to welcome back many of our sporting clubs for the summer term. All clubs will be held in bubbles. These are such an important part of life at our school and I hope that you will support these and continue to book places for your children. Letter regarding sports clubs will be sent out this term.

**Start and end of School day**

**Start and Ending of the day**

	Start:	Where from:	Finish:	Where from:
EYFS	8:30am	EYFS playground	3:00pm	EYFS playground
Year 1	8:30am	KS1 playground	3:00pm	KS1 Playground
Year 2	8:45am	KS1 Playground	3:15pm	KS1 Playground
Year 3	9:00am	KS1 Playground	3:30pm	KS1 Playground
Year 4	8:30am	KS2 Playground	3:00pm	KS2 Playground
Year 5	8:45am	KS2 Playground	3:15pm	KS2 Playground
Year 6	9:00am	KS2 Playground	3:30pm	KS2 Playground

**Coronavirus (COVID-19)**

***To keep the school community safe; it is critical that families adhere to the follow guidance.***

Under **no** circumstance should you send your child to school:

- If your child is symptomatic



- If someone in your household is symptomatic
- If you have been in contact with someone who has tested positive for COVID-19

Remember that if **you, your child or anyone in your household** have symptoms of COVID-19 and are awaiting the results of a test, **do not** send your children into school. Children must remain at home until the results of the test have been given.

Before making the journey into school, you must stop and ask yourself these questions, do **you, your child or anyone in your household** have a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia).

If you answer YES to any of the above, you must not come to school. You must call 111 for advice.

If your child becomes unwell during the school day they will be sent home and are advised to follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection.

This sets out that they must:

- self-isolate for at least 10 days
- arrange to have a test to see if they have coronavirus (COVID-19)

**If your child has:**  
a high temperature  
a new, continuous cough, or  
a loss of, or change in, sense of  
smell or taste

This could be a sign of  
coronavirus

**Book a test**

**If your child has:**  
a runny nose, is sneezing or  
feeling unwell  
**But they don't have:**  
a high temperature  
a new, continuous cough, or  
a loss of, or change in,  
sense of smell or taste

These are  
**not normally symptoms of  
coronavirus**

Seek advice from a pharmacy, dial  
111 or see your GP

## Parents Evening for Reception-Year5

Parent Consultation Evening this term will be held next week **Monday 26th April 3:30pm-7pm** and **Tuesday 27th April, 3:30pm – 6pm** via telephone.

A link was sent via text to all parents in reception-Year 5.

Requests have been allocated based on a 'first come, first serve basis'.

## Year 6 Parents Evening

Parents consultation for year 6 will take place on **Thursday 29th April**, all day from **9-3:30pm**.

From Monday 26th, you will be able to book your requested slot online.

## Ramadan

Happy Ramadan to all our Muslim families! Since Ramadan will fall within the school term this year, it is essential that we know if your child/children will be fasting during the school week.



Due to the hot weather and the long daylight hours, the fast will be particularly difficult for many children. While we understand the importance and the religious significance of Ramadan, we encourage children to fast only at weekends.

However, if you would like your child/children to observe the fast during school hours, please fill in the form below if you haven't already done so. Children without a permission slip will not be allowed to fast.

<https://forms.gle/vQ7EG1PZYuDiSfcM7>

Pupils who are fasting will be advised to refrain from strenuous activity during break and lunch time. Children will be required to spend break times in the school library during periods of hot weather. If they feel unwell at any time during school hours, the school will be obliged to give them water as per our safeguarding policy.

### Veg Power



As part of Veg Power's on-going mission to encourage the UK to eat more veg, they would like to make it easier for parents and carers to add more veg to children's lunchboxes. Recent research from Leeds University found that only one in five children had any vegetables or salad in their packed lunch. To support parents, Veg Power has developed a '60 Second Lunchbox Hacks' PDF for circulation to parents via schools. It features easy-to-implement ideas and serves to make this task as simple as possible.

**See details on Page 5.**



As you may be aware, there has been a natural disaster in the Caribbean Island of St Vincent. Mt Soufere has erupted and there has been volcanic activity over the last two weeks. This has resulted in the country declaring a state of emergency and many people have had to be evacuated for their safety. Organisations around the world are rallying round to support the people of St Vincent.

The PTA have asked that we make a contribution to these efforts. We plan to launch our appeal next week.



## School Uniform

Please ensure that your child wears the correct school uniform every day. Every item of clothing must have their name written on labels inside. Uniform can be purchased from *RUMBLES UNIFORM SHOP, 598 HIGH ROAD, WEMBLEY, MIDDLESEX, HA02AF*

Trainers are not part of the school uniform, this includes black trainers. <https://www.rumblesuniform.com/leopold-primary-school-136-c.asp>

## Safeguarding

At Leopold Primary School, we work hard to ensure all our children are safe. The school has a duty of care to report all safeguarding concerns. On some occasions this may involve working in partnership with the Local Authority, the safer neighbourhood police and outside agencies. During these challenging times, we are acutely aware of the additional pressures that families are under and the potential risks and challenges they face. In the current situation, we felt it important to signpost families to sources of support, if they are needed. These are in addition to the many resources that we have available in-school and those that we have made available on our website during this period.

*If you believe a child is in immediate danger you should phone the police. Call 999.*

If you have any concerns about a child being harmed or at risk of harm please contact Brent Family Front Door on **020 8937 4300** (option 1) to discuss your concern.

If you are calling outside normal office hours (9am - 5pm) please call the emergency duty team on: **020 8863 5250**.

The **NSPCC** Helpline is always available on **0808 800 5000**, if you have concerns for your own, or another child's safety. You can also report concerns to the police on their non-emergency number 101.

## Attendance

As per government guidelines, school attendance is mandatory. To achieve this please ensure that your child attend live sessions or the provision daily. If your child is unwell you must inform the school office on **020 8459 5654** or send an email [attendance@leopold.brent.sch.uk](mailto:attendance@leopold.brent.sch.uk) by 8:30am.

Yours faithfully,

Ms Obinwanne  
Head of School

### Highlights of the week



#### Star of the week:

- R Moonbeam:** Cairo & Chelsea
- R Sunshine:** Rico & Jana
- Year 1 Ash:** Suhaib & Akeela
- Year 1 Oak:** Adnan & Hanna
- Year 2 Maple:** Saad & Suriya
- Year 2 Palm:** Moiz & Reniyah
- Year 3 Cedar:** Ilyas & Myleene
- Year 3 Elm:** Aryan & Iyanna
- Year 4 Aspen:** Abdelrahman & Nakaysia
- Year 4 Teak:** Devontae & Jahnari
- Year 5 Chestnut:** Jay & Mia
- Year 5 Juniper:** Al-Hassan & Zakiyah
- Year 6 Bonsai:** Sebastian & Kayla
- Year 6 Willow:** Jad & Muneeza





# 60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

## The basic toolkit:

- **Containers** (small and lidded for dips, leftovers and more)
- **Cutlery** (if needed)
- **Thermos** (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- **Bamboo kebab sticks** (optional, but helpful for making veggies more fun)



**Top tip:** Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.





**Attendance**

Congratulations to Year 2 Maple (100%) 4 Teak (100%) who achieved the highest attendance last week!



**Dates**

**Parents Evening Rec-Yr 5:** Mon 26<sup>th</sup> & Tues 27<sup>th</sup> April (via telephone)

**Polling Day:** School closed on Thursday 6<sup>th</sup> May

**Staff INSET:** Friday 28<sup>th</sup> May (School closed)

**VEGPOWER**



**5 easy #LunchboxHacks to add more veg in 60 seconds or less:**

**1. The Salad-on-a-Stick**



Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

My Favourite veg was:

**2. The Lunch Crunch**



1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

I ate this many carrots:

**3. The Sandwich Slice**



Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

I ate this much cucumber:

**4. The Helpful Handful**

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.

My Favourite veg was:

**5. The Half-Baked Plan**



Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

This week my rating is:

**Top tip:** Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".