

School Telephone. 0208 459 5654 Nursery Telephone. 0208 451 1738 Fax. 0208 459 6245 Email. admin@leopold.brent.sch.uk www.leopold.brent.sch.uk

### Thursday 22th April 2021

Dear Parents and Carers,

A very warm welcome back to school to you all this week. I hope that you enjoyed the Easter break and that you were able to take the opportunity to meet with friends and family in open spaces and gardens.

In order to manage the risks, we will continue to implement the range of protective measures that we already have in place at the school and that we have been using throughout the Spring term. These include working in year group bubbles; staggered times for the start and end of the school day; separate dining halls for staggered lunches; and of course, good hygiene practice. All protective measures that have been taken can be found in the Covid19 risk assessment on the school website, including bubble closures in the event of a positive case.

Unfortunately, there will be no onsite breakfast clubs or after school clubs until further notice due to the restrictions with bubbles. We will write again this week with further information about the school reopening. In the meantime, please refer to the following link for the latest Covid19 updates: https://www.gov.uk/coronavirus

We are delighted to welcome back many of our sporting clubs for the summer term. All clubs will be held in bubbles. These are such an important part of life at our school and I hope that you will support these and continue to book places for your children. Letter regarding sports clubs will be sent out this term.

### Start and end of School day

	Start:	Where from:	Finish:	Where from:
Nursery	9am	Nursery Gate	3pm	Nursery Gate
Reception	9am	EYFS playground	3pm	EYFS playground
Year 1	9am	Entrance via Oldfield Rd	3pm	Olive class Entrance via Oldfield Rd  Holly class Entrance via Outgate Road
Year 2	9am	Main Entrance via Hawkshead Road	3pm	Main Entrance via Hawkshead Road
Year 3	8:45am	Main Entrance via Hawkshead Road	3:15pm	Main Entrance via Hawkshead Road
Year 4	8:45am	Entrance via Oldfield Rd	3:15pm	Sycamore class Entrance via Oldfield Rd  Hazel class Entrance via Outgate Road









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Year 5	8:30am	Entrance via Outgate Road	3:30pm	Entrance via Outgate Road
Year 6	8:30am	Entrance via Outgate Road	3:30pm	Entrance via Outgate Road

### Coronavirus (COVID-19)

To keep the school community safe; it is critical that families adhere to the follow guidance.

Under **no** circumstance should you send your child to school:

- If your child is symptomatic
- If someone in your household is symptomatic
- If you have been in contact with someone who has tested positive for COVID-19

Remember that if you, your child or anyone in your household have symptoms of COVID-19 and are awaiting the results of a test, do not send your children into school. Children must remain at home until the results of the test have been given.

Before making the journey into school, you must stop and ask yourself these questions, do **you**, **your child or anyone in your household** have a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia).

If you answer YES to any of the above, you must not come to school. You must call 111 for advice.

If you child becomes unwell during the school day they will be sent home and are advised to follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection. This sets out that they must:

- self-isolate for at least 10 days
- arrange to have a test to see if they have coronavirus (COVID-19)



### **Parents Evening for Reception-Year5**

Parent Consultation Evening this term will be held next week **Monday 26th April 3:30pm-7pm** and **Tuesday 27th April, 3:30pm – 6pm** via telephone.

A link was sent via text to all parents in reception-Year 5.

Requests have been allocated based on a 'first come, first serve basis'.









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### **Year 6 Parents Evening**

Parents consultation for year 6 will take place on Thursday 29th April, all day from 9-3:30pm.

From Monday 26th, you will be able to book your requested slot online.

### **Ramadan**

Happy Ramadan to all our Muslim families! Since Ramadan will fall within the school term this year, it is essential that we know if your child/children will be fasting during the school week.

Due to the hot weather and the long daylight hours, the fast will be particularly difficult for many children. While we understand the importance and the religious significance of Ramadan, we encourage children to fast only at weekends.

However, if you would like your child/children to observe the fast during school hours, please fill in the form below if you haven't already done so. Children without a permission slip will not be allowed to fast.

### https://forms.gle/vQ7EG1PZYuDiSfcM7

Pupils who are fasting will be advised to refrain from strenuous activity during break and lunch time. Children will be required to spend break times in the school library during periods of hot weather. If they feel unwell at any time during school hours, the school will be obliged to give them water as per our safeguarding policy.

### **Veg Power**



As part of Veg Power's on-going mission to encourage the UK to eat more veg, they would like to make it easier for parents and carers to add more veg to children's lunchboxes. Recent research from Leeds University found that only one in five children had any vegetables or salad in their packed lunch. To support parents, Veg Power has developed a '60 Second Lunchbox Hacks' PDF for circulation to parents via schools. It features easy-to-implement ideas and serves to make this task as simple as possible.

### See details on Page 5.



As you may be aware, there has been a natural disaster in the Caribbean Island of St Vincent. Mt Soufere has erupted and there has been volcanic activity over the last two weeks. This has resulted in the country declaring a state of emergency and many people have had to be evacuated for their safety. Organisations around the world are rallying round to support the people of St Vincent.

The PTA have asked that we make a contribution to these

efforts. We plan to launch our appeal next week.









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### **School Uniform**

Please ensure that your child wears the correct school uniform every day. Every item of clothing must have their name written on labels inside. Uniform can be purchased from *RUMBLES UNIFORM SHOP*, 598 HIGH ROAD, WEMBLEY, MIDDLESEX, HA02AF

Trainers are not part of the school uniform, this includes black trainers. <a href="https://www.rumblesuniform.com/leopold-primary-school-136-c.asp">https://www.rumblesuniform.com/leopold-primary-school-136-c.asp</a>

### Safeguarding

At Leopold Primary School, we work hard to ensure all our children are safe. The school has a duty of care to report all safeguarding concerns. On some occasions this may involve working in partnership with the Local Authority, the safer neighbourhood police and outside agencies. During these challenging times, we are acutely aware of the additional pressures that families are under and the potential risks and challenges they face. In the current situation, we felt it important to signpost families to sources of support, if they are needed. These are in addition to the many resources that we have available inschool and those that we have made available on our website during this period.

If you believe a child is in immediate danger you should phone the police. Call **999**.

### Highlights of the week



Star of the week:

Nursery: Asma

Reception Galaxy: Ashir & Yasmeen
Reception Starlight: Hamad & Faranas

Year 1 Olive: Dante & Zahra

Year 1 Holly: Anaiyah -Leigh & Ahmed Year 2 Cherry: Pharrell & Monette

Year 2 Birch: Mohammed & Farahannah

Year 3 Magnolia: Aaron & Munira Year 3 Pine: Yamen & Niyah Year 4 Hazel: Japan & Jessica

Year 4 Sycamore: Mohammad & Emilia

Year 5 Fern: Alfe & Cipriana

Year 5 Eucalyptus: Gregorio & Nicole Year 6 Mulberry: Jamie & Shaiel Year6 Hawthorn: David & Shanoyia

If you have any concerns about a child being harmed or at risk of harm please contact Brent Family Front Door on **020 8937 4300** (option 1) to discuss your concern.

If you are calling outside normal office hours (9am - 5pm) please call the emergency duty team on: **020 8863 5250**.

The **NSPCC** Helpline is always available on **0808 800 5000**, if you have concerns for your own, or another child's safety. You can also report concerns to the police on their non-emergency number 101.

### **Attendance**

As per government guidelines, school attendance is mandatory. To achieve this please ensure that your child attend live sessions or the provision daily. If your child is unwell you must inform the school office on **020 8459 5654** or send an email <a href="mailto:attendance@leopold.brent.sch.uk">attendance@leopold.brent.sch.uk</a> by 8:30am.

Yours faithfully,

Mrs Octave Acting Head of School









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# 60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to veg-pack their lunchboxes with limited faff.

### The basic toolkit:

- Containers (small and lidded for dips, leftovers and more)
- Cutlery (if needed)
- Thermos (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- Bamboo kebab sticks (optional, but helpful for making veggies more fun)

**Top tip:** Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.













### **Attendance**

Congratulations to Year 2 Cherry (98%) & 3
Pine (99%) who achieved the highest
attendance last week!

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### Dates

Parents Evening Rec-Yr 5: Mon 26th &

Tues 27<sup>th</sup> April (via telephone)

Polling Day: School closed on

Thursday 6<sup>th</sup> May

Staff INSET: Friday 28th May (School

closed)

### **VEGPOWER**

## 5 easy #LunchboxHacks to add more veg in 60 seconds or less:

### 1. The Salad-on-a-Stick

Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

### 2. The Lunch Crunch

1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

### 3. The Sandwich Slice

Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

### 4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.

#### 5. The Half-Baked Plan

Heat through half a tin of **baked beans** (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

### My Favourite veg was:

I ate this many carrots:

I ate this much cucumber:



My Favourite veg was:



This week my rating is:







