

Thursday 24th September 2020

Dear Parents and Carers,

We have had an action-packed week at Leopold, filled with wellbeing workshops in classrooms, exciting music lessons and amazing art work! We welcomed back the Brent Music Service who provided whole class music lessons as well as small group sessions in drums, guitar and violin.

Mental Health week

This week we celebrated Mental Health week here at Leopold. Our Imago therapist delivered wellbeing workshops to pupils which they thoroughly enjoyed. Mindfulness lessons were taught by teachers throughout the week. A five or ten-minute daily mindfulness practice can see pupils reduce stress and anxiety, increase concentration and engagement, sleep better, improve social skills, and develop problem-solving and decision-making skills.



Meet Ekin Bernay (Creative therapist).





Highlights of the week
Stars of the week:
R Moonbeam: Mikael & Kyria
R Sunshine : Rafa & Rebecca
Year 1 Ash : Reem & Issa
Year 1 Oak: Elias & Luul
Year 2 Maple: Amro & Cham
Year 2 Palm: Elias & Janelle
Year 3 Cedar: Aaron & Myleene
Year 3 Elm: Azelle & Alexis
Year 4 Aspen: Rayan & Chloey
Year 4 Teak: Jaydan & Layla
Year 5 Chestnut: Ishaan & Arwa
Year 5 Juniper: Kemony & Maia
Year 6 Bonsai: Cleon & Sienna
Year 6 Willow: Fabrizio & Rimah

From 1st October we will be celebrating Black History Month. Black History is now incorporated throughout our yearly history curriculum, which reflects the diverse community in which we live. During Black History Month pupils will have workshop, competitions and projects. Each year group will focus on a different aspect of Black History.

Year 1: Children's own history (family trees); history of Harlesden

Year 2: Heritage and timeline of important events in black history

Year 3: Empire Windrush – London Transport and rebuilding Britain









Year 4: Effect of Windrush on cultural diversity – NHS

Year 5: History of Somalia

Year 6: History of Syria and importance of true representation in UK politics

Look out for more information in the coming newsletters.

Jeans for Genes Day



Last week we celebrated Jeans for Genes day. Jeans for Genes Day is all about raising money to help some of the most vulnerable children in the UK. This money will transform the lives of children affected by a genetic disorder. Across the two site we raised £412! Thank you all for your contributions!

Nursey places

There are Nursery places available at our school at the Hawkshead site. Please contact the school office or Zena Meigan our Early Years coordinator for more information. You can also see a virtual tour of our Early Years on the school website. <u>http://www.leopoldprimary.co.uk/early-years-tour/</u>

Year 6 secondary transition

If your child is in Year 6 you will need to apply to a secondary school by 31.10.2020. All secondary schools in Brent have open evenings or mornings for parents. We would recommend that you visit all the schools that you are thinking of applying for to find out more about the school. Due to the current situation, most of the open mornings/evenings will be held virtually. Please visit our website for more information. http://www.leopoldprimary.co.uk/secondary/

What to do if your child is displaying symptoms of coronavirus (COVID 19)

Before making the journey into school, you must stop and ask yourself these questions: Does your child have a high temperature, or have a new continuous cough, or have a loss of, or change in, their normal sense of taste or smell (anosmia).

If you answer YES to any of the above, you must not come to school. You must call 111 for advice.

If you child becomes unwell during the school day, they will be sent home and are advised to follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection.

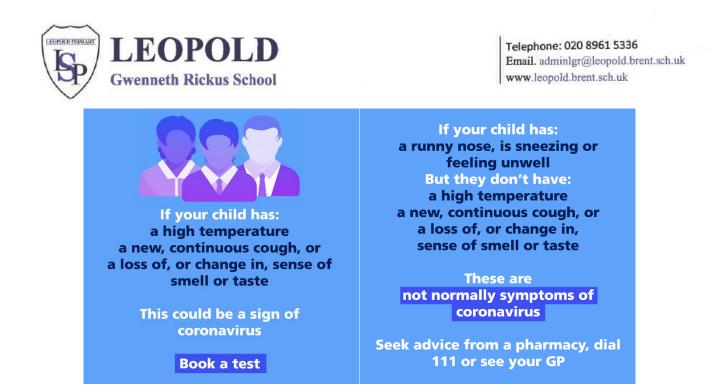
This sets out that they must:

- self-isolate for at least 10 days
- arrange to have a test to see if they have coronavirus (COVID-19)- Ring 119









Public Health England have produced a letter for parents which explains when a person requires a coronavirus test and what the symptoms of coronavirus are. The intention of the letter is to help prevent children being taken out of school unnecessarily and answer some of the questions parents may have around testing. Please see the link to the letter below.

https://content.govdelivery.com/attachments/UKDFE/2020/09/23/file_attachments/1553140/23rd%20 September%20-%20PHE%20letter%20to%20parents%20and%20guardians.pdf

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Attendance Congratulations to Moonbeam and Year 6 Willow with 97% attendance last week!



New Absence Email

Parents can now email pupil absences via the email address: <u>attendance@leopold.brent.sch.uk</u>.

Please submit absences with the following details: Pupils name, class and reason of absence/illness by latest 9AM.

MENTALLY HEALTHY https://

Mental Health Resources

https://www.mentallyhealthyschools.org.uk/resources/



SCHOOLS

https://www.place2be.org.uk/media/yesltwzt/primaryschoolresources.pdf

Leopold Gwenneth Rickus School 240-250 Brentfield Road, Neasden, London NW10 8HE





