

PE Curriculum – Leopold primary

Ready, Respectful, safe

At Leopold Primary School we aim to provide a happy, healthy, secure environment where all pupils feel valued and have the opportunity and ambition to thrive and aspire.

PE Curriculum intent and Vision

At Leopold Primary School, it is our intention to expose and educate all pupils to the highest standard of Physical Education that can be provided. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Pupils at Leopold will have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation. Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

Leopold has excellent new equipment in a wide range of sports that will be extremely beneficial and fun for the pupils to use and participate in. A new injection of enthusiasm in the PE Department will ensure more students get to participate in Inter-School Sports tournaments, which will see students competing against other schools. Through Physical Education and exposure to physical activities, we hope to improve the lives of the pupils at Leopold and expose them to as much participation in sports as possible.