| $\begin{aligned} & \frac{\text { EOFOLOL PRMMAVY }}{} \\ & \text { IGP } \\ & \text { SP } \end{aligned}$ | Leopold Primary School Winter/Spring Menu 2022 |  |  |  |  |
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| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meat or Fish | Hotdog in a brioche roll with baked beans | Salmon teriyaki served with rice | BBQ chicken served with rice | Lamb Lasagne | Battered fish served with chipped potatoes |
| Vegetarian | Vegetable burgers | Vegetable chow mien | Macaroni cheese | Jacket potato with a selection of toppings | Vegetarian sausage |
| Vegetables | Choice of seasonal vegetables served daily |  |  |  |  |
| Dessert of the Day | Fresh fruit \& fruit yoghurts | Semolina | Fresh fruit \& fruit yoghurts | Fresh fruit \& fruit yoghurts | Cake and custard |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meat or Fish | Crispy chicken with mashed potato | Lamb spaghetti bolognaise served with garlic bread | Roast chicken with Roast potatoes \& trimmings | Chicken stew served with mash potatoes | Battered fish served with chipped potatoes |
| Vegetarian | Vegetarian pie \& mashed potato | Quorn and spinach curry served with rice | Quorn fajitas | Mushroom and tarragon stroganoff | Vegetarian fry rice |
| Vegetables | Choice of seasonal vegetables served daily |  |  |  |  |
| Dessert of the Day | Fresh fruit \& fruit yoghurts | Rice pudding | Fresh fruit \& fruit yoghurts | Fresh fruit \& fruit yoghurts | Cake and custard |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Meat or Fish | Butchers choice sausages with mashed potato | Moroccan lamb mince served with couscous or rice | Peri Peri chicken wings served with rice | Tomato fushli pasta served with garlic bread | Battered fish served with chipped potatoes |
| Vegetarian | Cheese and tomato pizza | Vegetarian lasagne | Chickpea \& vegetable curry | Falafel served with spicy tomato sauce | Quorn sausage roll |
| Vegetables | Choice of seasonal vegetables served daily |  |  |  |  |
| Dessert of the Day | Fresh fruit \& fruit yoghurts | Fruit crumble with custard | Fresh fruit \& fruit yoghurts | Fresh fruit \& fruit yoghurts | Cookies |
| All our meat and Poultry is Halal |  |  |  |  |  |
| Gravy served when appropriate |  |  |  |  |  |
| Daily Options: Freshly Prepared Salads, Fresh bread and chilled water |  |  |  |  |  |
| Daily alternative lunch options are: sandwiches will be available daily |  |  |  |  |  |
| Daily alternative dessert options are: Selection of seasonal fruits and fruit yoghurts |  |  |  |  |  |
| The menu is sometimes subject to change depending on deliveries |  |  |  |  |  |

